



wesley family services

## Wellness Committee

### Wesley Schools

FACILITATOR: Amy Townsend, Director of Education

January 17, 2023

#### **IN ATTENDANCE: ZOOM Meeting**

- Christie Caparelli, Program Director High School
- Jerry Wessel, Program Director K-8
- Amy Townsend, Director of Education
- Brandon Zeman, Phys Ed Teacher K-8
- Dave Zinski, Phys Ed Teacher High School
- Amber Vaughn, RN Nurse Coordinator
- Leona Knisely, Food Service Manager
- Laura Hoffman, Therapist High School, PBIS Coach
- Lynda Abraham-Braff, Art Teacher High School, PBIS Coach
- Lori Nemec, Parent of High School student
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#### **AGENDA:**

1. Introductions
2. Goals for the meeting
3. Review of Wellness Policy
  - a. Ensure policy implementation and consistency
4. Ideas for promotion of nutrition/healthy choices (posters, contests, etc)
5. Snack policy
6. Fun Day/Parties food guidelines
7. Encouraging participation in lunch and discussion on process change for kids coming through the line

